

A Kayak Cape Town experience

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Paddling and pondering along the coast of Simon's Town

I do believe that there are two types of outdoor sports enthusiasts: those who enjoy the challenge and the adrenaline, and those who simply hope for a scenic ride.



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I fall into the latter group. I'll hike if the view at the top is good and the journey there isn't too strenuous. I don't mind adrenaline, as long I don't have to put in much effort to evoke it. I'd sooner jump off a mountain than climb to its peak.

My kayaking expedition with Kayak Cape Town in Simon's Town worked out splendidly. I took an active Andy with me and he enjoyed the physicality of paddling while I sat back and took in the scenery.

And what scenery there was! From the jolly little penguins hanging out on the rocks to the sudden flight of hundreds of cormorants and a lucky sighting of a nearby seal, the journey was filled with friends and fancies to keep me entertained while my partner worked on his biceps.

We were lucky enough to go out during perfect conditions, and I almost tipped the kayak a couple of times whilst leaning as far over the edge as possible to see if I could spot the urchins at the bottom of the crystal clear water. Luckily the kayaks are sturdy as Gibraltar and no casualties ensued (although we did receive a thorough safety demonstration that saw us equipped for just about anything short of a whale attack).

Our guide was patient and well-humoured, considering his reactions to the numerous occasions on which we almost tipped him out of his kayak.

By the end of the tour, both paddler and explorer were satisfied – active A felt that he had done a good workout and I had lots of lovely photos and stories.

Visit www.kayakcapetown.co.za to give it a try for yourself. 🇿🇦

